



EWG'S GUIDE TO

# SAFER SUNSCREENS

BE SAFE IN THE SUN THIS SUMMER

EWG.ORG/SUNSCREEN



EWG's sunscreen database rates the safety and efficacy of sunscreens and other products with SPF. We recommend products that provide long lasting, broad spectrum protection, with ingredients that pose fewer health concerns.

## INGREDIENTS

## PRODUCTS

AVOID

Oxybenzone  
Vitamin A (retinyl palmitate)  
Added insect repellent

Sprays  
Powders  
SPF above 50

AVOID

LOOK FOR

Zinc oxide  
Avobenzone  
Mexoryl SX

Cream  
Broad - spectrum protection  
Water-resistant  
SPF to suit your needs, 15-50

LOOK FOR

Want to know more? Visit [www.ewg.org/sunscreen](http://www.ewg.org/sunscreen)



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